

# Manual Handling for Managers



One of the biggest causes of workplace absence is back injuries caused by poor lifting technique, this can disrupt work schedules and have an impact on the profitability of an organisation, especially when claims are raised by the injured party. This course provides the necessary guidance and instruction to managers to perform their roles effectively and safely.

## Duration

One day.

## Who should attend

Any supervisors/managers of employees whose role includes manual handling (lifting, lowering, pulling or pushing) of any load during their work.

## Aims and objectives

To enable delegates to establish and maintain safe working practices with regard to manual handling operations within their teams and to become competent in identifying hazards and compiling manual handling risk assessments.

## Content

- The importance of good handling practice
- How our bodies work when we carry out manual handling tasks
- About the injuries that can occur
- What we can do to reduce the risks
- Manual Handling Operations Regulations 1992
- Duties of the Manager
- Understanding the main requirements of current legislation
- Identifying techniques to reduce risks and recommend corrective actions
- Compiling risk assessments

## Certification

Certificate of attendance on successful completion of the course.

*See current Course Schedule for details of dates and prices.*



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